



Conference Brochure

**COMING TOGETHER.
BUILDING CONNECTIONS.
CHALLENGING OUR DIFFERENCES.**

May 26-27, 2023

Kelowna, British Columbia

wcaforum.com

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The Western Canada Addiction Forum would like to acknowledge the land on which we gather is the unceded territory of the Syilx (Okanagan) Peoples. The Syilx Okanagan Nation and their peoples have taken care of their homelands for thousands of years.

The Western Canada Addiction Forum is respectful of the Syilx Okanagan Nation and their peoples, their knowledge, language, and history, as well as their ongoing relationship to the land and natural world.



Friday May 26

Welcome and Opening

A Balanced Approach: How Harm Reduction and Recovery Services Work Together to
Provide a Person-Centered Mental Health and Substance Use system

Pending Presentation

Pending Presentation

Optimizing OAT (Opioid Agonist Treatment): Part of BC's Toxic Drug Crisis Response

Substance Induced Psychoses

The Progressive Nature of Vulnerability

Closing Remarks

Welcome Reception

Saturday September 24

Welcome

Mental Health: Perspectives in Underserved Groups

Workshop One: Recognizing Trauma and Meaningful Conversations

Workshop Two: Approach to the Patient with Psychosis

Workshop Three: Injectable Opioid Agonist Therapy (iOAT) in Pregnancy and Post-partum

Workshop Four: Pending Workshop

Workshop Five: Complex Pain and Substance Use: Concepts and Management

Workshop Six: Working with Youth Who Use Substance

Commentary on Safe Supply

Closing Remarks

Friday May 26

- 0715h **Breakfast and Registration**
 Okanagan Room and Grand Foyer
- 0800h **Welcome and Introductions**
- 0830h **A Balanced Approach: How Harm Reduction and Recovery Services Work Together to
Provide a Person-Centered Mental Health and Substance Use System**
 Kier Macdonald

British Columbia is facing one of the largest public health crises on record, now resulting in the deaths of more than six British Columbians every day due to illicit drug toxicity and more than 11,000 since the public health emergency was first declared in 2016. It's an emergency and it demands an urgent response that's commensurate with the scale of damage that we're seeing, however opinions differ on the paths forward. Today, the need for effective solutions to reduce the overwhelming loss is greater than ever.

There is a significant need for whole-system improvement to support the health and well-being of people seeking support for Mental Health and Substance Use problems. Whilst most current models help people to reduce or manage their symptoms, often they do not effectively help people to re-integrate back into their community, take steps toward a better life, and sustain their recovery over time. There are also significant risks for individuals who relapse during treatment and because their tolerance has declined, they are more susceptible to overdose. To ensure the health system can meet people where they are at, it is vital that appropriate services be available to everyone who needs them. From bed-based treatment to harm reduction services, people must have access to the right support to meet their needs.

Harm reduction and recovery are two complementary approaches that together provide a comprehensive, person-centered approach to mental health and substance use services. In this presentation, Keir Macdonald will discuss what a balanced approach to developing a person-centered continuum of care in Mental Health and Substance Use Services looks like, from both a drug policy and a service delivery perspective. How do harm reduction and recovery-oriented systems of care work together to support people who use drugs? By recognizing that there are multiple paths to recovery, individuals can feel empowered to make choices that align with their goals and values. This framework can help system administrators and service providers better understand how drug policy can either harm or assist the creation of person-centred mental health and substance use services, reduce the

loss of lives and create hope.

At the conclusion of this presentation, participants will be able to:

- Recognize the current state of drug policy in British Columbia and the range of harm reduction and treatment services that are available.
- Explore both clinical and practical implications related to creating MHSU service models that support the needs of people with substance use disorders.
- Identify and critique the barriers to implementing and sustaining substance use programs that support both abstinence, harm reduction, and the social dimensions of health for people who use drugs.
- Formulate how to incorporate both harm reduction and recovery approaches into substance use services, that individuals will receive support that is better tailored to their unique needs and goals, helping to promote long-term recovery and improve overall well-being.

0915h Moderated Question and Answer

0930h Pending Presentation

0950h Moderated Question and Answer

1000h Rest Break
 Grand Foyer. Exhibitor Booths are open

1030h Pending Presentation

1115h Moderated Question and Answer

1130h Lunch
 Okanagan Room and Grand Foyer. Exhibitor Booths are open

Welcome Back!

1300h Optimizing OAT (Opioid Agonist Treatment): Part of BC's Toxic Drug Crisis Response
 Dr. Ken Tupper

BC's toxic drug crisis, declared a public health emergency in 2016 and exacerbated by the COVID-19 pandemic, has underscored the need for improvements in treatment for Opioid Use Disorder. Opioid Agonist Treatment (OAT) is recognized as a gold standard treatment for OUD, although much of the

evidence base for it was generated when street “heroin” was predominant in the illicit opioid market. This presentation will review the history and evolution of OAT in British Columbia, with a focus on the emerging challenges of how to optimize OAT in the era of fentanyl and other compounds in the street drug supply. It will cover some of the emerging themes in key stakeholder engagement (i.e., improving access/reach of OAT, improving system capacity to deliver OAT, and improving patient retention on OAT). It will also consider some of the complexities involved in health system stewardship for OAT optimization, and the kinds of policy issues emerging in the current health care environment (e.g., balancing patient-centered vs. provider- or system-centered care principles, rural vs. urban considerations, and stigma towards people who use drugs).

At the end of this presentation, participants will be able to:

- Recount the history and evolution of OAT policies and services within the British Columbia health system managers—to improve OAT access and retention.
- Recognize how the toxic drug crisis (and COVID-19) has impacted OAT uptake and retention.
- Support efforts—as clinicians, allied health service providers, or program.

1335h **Moderated Question and Answer**

1345h **Substance Induced Psychoses**

Managing the Great Imitator: Differentiating Substance Induced Symptoms from an Underlying Psychotic Disorder - Dr. David Crockford

Approach to Cannabis Use in Psychotic Disorders - Dr. Phil Tibbo

At the conclusion of this presentation, participants will be able to:

- Differentiate substance induced psychoses from underlying primary psychotic disorder.
- Address methamphetamine use with comorbid psychosis.
- Explore cannabis use with comorbid psychosis.

Methamphetamine-induced Psychosis

Dr. Julius Elefante

At the end of this presentation, participants will be able to:

- Describe the prevalence of methamphetamine-induced psychosis.
- Appreciate the relationship between methamphetamine-induced psychosis and primary psychotic disorders.
- Gain a broad understanding of the management of methamphetamine-induced psychosis.

1515h **Rest Break**
Grand Foyer. Exhibitor Booths are open

1545h **The Progressive Nature of Vulnerability**
Paul Brandt

At the conclusion of Paul Brandt’s presentation “The Progressive Nature of Vulnerability”, participants will be equipped to access resources to better understand the signs of human trafficking, identify common causative factors which contribute to an individual being trafficked, and gain valuable perspective to avoid diagnostic overshadowing. This “101” on the realities of one of Canada’s fastest growing crimes and its connections to mental health and addictions reveals commonly missed or misunderstood trauma and provides a new lens for healthcare professionals and frontline workers in their assessment routines.

At the end of this presentation, participants will be able to:

- Identify the average age of being trafficked in Canada.
- Recognize the most common risk factors which contribute to an individual being trafficked.
- Gain perspective and feel empowered on implementing “do no harm” steps which can be taken on behalf of trafficked individuals.

1630h **Moderated Question and Answer**

1645h **Closing Remarks**

1930h **Welcome Reception - Grand Foyer**

Saturday May 27

0730h **Breakfast and Registration**
Okanagan Room and Grand Foyer

0815h **Welcome**

0830h **Taking a Trauma History in a Primary Care Setting**
Dr. Rob Fox

Unresolved trauma can undermine our patients' recovery. Yet identifying trauma can seem complicated and time consuming. In this workshop, Dr. Fox shares his approach to assessing for trauma in a primary care setting.

At the end of this presentation, participants will be able to:

- Outline the elements of an indirect approach to taking a trauma history.
- Establish a 5-question direct approach to taking a trauma history.
- Identify four ideal conditions for patients to start trauma therapy.

Creating Safety in Diversity? Exploring Gender and Sexuality in Substance Use Practice
Keith D. King

Creating safe spaces for gender and sexually diverse folks is necessary and life-saving practice. In this presentation, Keith will explore ways to make your practice more inclusive, safer, and hopefully more fun.

At the end of the presentation, participants will be able to:

- Understand the medical-legal history of exclusion and harm of 2SLGBTQIA+ people.
- Recognize the specific interaction points that create or detract from safer practice environments.
- Establish routine practices that generate inclusion and safety for gender and sexually diverse people.
- Identify areas of opportunity for creating more inclusive practice environments.

What Are Ace's? And What Role Effect Do They Have on the Nervous System?

Professor Geri Iininaatoáákii Bemister-Williams

ACE's stands for 'Adverse Childhood Experiences. This may be why many clients are unable to sustain long term recovery from addiction or trauma. Polyvagal theory and how this can inform where clients are at with respect to their nervous system.

At the end of this presentation, participants will be able to:

- Comprehend the Polyvagal theory and how this can inform where clients are at, to assist clinicians in understanding the symptomology they may be seeing with their patients/clients.
- Explore how ACEs relate to toxic stress.
- Formulate a plan to help mitigate the effects of ACEs.

0940h **Moderated Question and Answer**

1000h **Rest Break**
Grande Foyer. Exhibitor Booths are open.

Workshops

*15 minutes will be reserved for Question and Answer

1030h **Workshop One: Recognizing Trauma and Meaningful Conversations**
Keith D. King, Professor Geri Bemister-Williams, Dr. Rob Fox

At the end of this presentation, participants will be able to:

- Practice skills explored in the presentation in role plays and co-designed situations.
- Demonstrate assessment and safety skills in a variety of clinical situations.
- Formulate strategies for creating safer spaces in their home practice environments.

1030h **Workshop Two: Approach to the Patient with Psychosis**
Dr. Julius Elefante, Dr. Phil Tibbo, Dr. David Crockford

At the end of this presentation, participants will be able to:

- Manage psychosis and addiction concurrently.
- Initiate appropriate antipsychotic treatment.
- Review if an antipsychotic is needed longer term or not.

1130h **Lunch - Okanagan Room and Grand Foyer. Exhibitor Booths are open**

**1300h Workshop Three: Injectable Opioid Agonist Therapy (iOAT) in Pregnancy and Post-partum
Dr. Charissa Patricelli**

Injectable opioid agonist therapy (iOAT) is an evidence-based treatment option for severe opioid use disorder. However, there is a significant gap in the literature regarding iOAT administration in pregnancy. The key elements of the first known perinatal iOAT protocol, implemented in at the Families in Recover (FIR) unit at BC Women's Hospital + Health Centre, will be reviewed. Outcomes, key considerations, and challenges and opportunities of implementing an acute care iOAT protocol in a perinatal setting will be discussed. The presenter will describe the objectives, methods, and preliminary outcomes of the Injectable Opioid Agonist Therapy Administration in a Pregnant or Perinatal Population ("iOAT-APP") research study, including health and social outcome data on birthparents and infants.

At the end of this presentation, participants will be able to:

- Define the key elements of an acute care iOAT protocol for perinatal persons.
- Describe the preliminary outcomes, key considerations, and challenges and opportunities of implementing an acute care iOAT protocol in a perinatal setting.
- Describe the iOAT-APP research study and preliminary findings related to mother and infant health outcomes

1300h Workshop Four: Pending Workshop

1400h Rest Break

Grande Foyer. Exhibitor Booths are open

**1430h Workshop Five: Complex Pain and Substance Use: Concepts and Management
Dr. Launette Rieb**

An overview of the neurophysiology and neuropsychology of pain and how it relates to substance use and addictive disorders will be provided. Then principles of management will be explored by working through complex cases with participants.

At the conclusion of this activity, participants will be able to:

- Grasp key concepts related to the neurophysiology and psycho-social overlapping of complex pain and substance use.
- Integrate key principles of management for those with pain and addiction.
- Explore complex cases and reflect on your own patients.

1430h

Workshop Six: Working with Youth Who Use Substance

Dr. Martha Ignaszewski, Sarah Rush and Dr. James Wang

Substance use typically starts in the adolescent years, and substance use patterns range from experimentation to regular and high-risk use. An earlier age of onset is strongly correlated with adverse neurobiological and psychosocial impacts and an increased chance of developing a substance use disorder in adulthood. In addition, substance use disorders in adolescence are highly comorbid with mental health difficulties (concurrent disorders). As such, early intervention efforts to identify youth substance use proximally to initiation are imperative to optimize outcomes. While treatment of adolescent substance use has shown to have positive short- and long-term benefits, unfortunately, in any given year, only 10% of youth who use substances receive any form of mental health or addiction treatment. The aim of this workshop is to provide audience members with an overview of youth substance use disorders (prevalence, risk and protective factors), discuss validated screening measures, and explore strength-based treatment options for addictions and concurrent disorders.

At the end of this presentation, participants will be able to:

- Review epidemiology of adolescent substance use, use disorder prevalence and co-occurring psychiatric disorders.
- Discuss principles for working with adolescents, young adults and families with addiction and co-occurring disorders.
- Provide an overview of psychosocial and psychopharmacologic interventions for adolescent addiction and co-occurring disorders.

1530h

Commentary on Safe Supply

Dr. Nick Mathew

At the end of this presentation, participants will be able to:

- forthcoming

1600h

Moderated Question and Answer

1615h

Closing Remarks

1630h

Conference Concludes

Meet our Presenters and Moderators



Professor Geri Iininaatoáákii Bemister-Williams, MA, C.N.D.A.I, C.A.T.,C.R.S. C.M.A.C

Geri has dedicated much of her career as a criminologist and post-secondary instructor to advocating for marginalized peoples and working with First Nations organizations to address ongoing social issues. In her capacity as a college and university teacher, she shares her knowledge and lived experience with her students in order to challenge social stigma with facts and critical thinking through group analysis. A central theme in Professor Bemister-William's role as a human behavioural scientist, interventionist, and expert on substance abuse and crime reduction is seeking therapeutic recovery in the justice system. Her expertise is frequently relied upon by national and provincial governments.



Paul Brandt D.F.A. h.c., DDiv h.c., BBA (Management) h.c.

Throughout his remarkable career, Paul has always focused on using his celebrity to help by shining a light on the lives of those less fortunate and has encouraged others to do the same. He has traveled extensively to developing countries around the world to raise awareness for various humanitarian aid organizations. His 12 career albums have spawned hit singles, multiple Album of the Year awards, gold, platinum, and multi-platinum performances. In 2017, Paul Brandt was inducted into the Canadian Country Music Hall of Fame & Western Canadian Country Music Hall of Fame. His 2019 Canadian "The Journey Tour" featured his most recent radio singles "All About Her" (Top 10 Canadian Country Radio) and "Bittersweet" (featuring Lindsay Ell) continue to speak to Brandt's enduring impact and influence on country music audiences and industry as he played arenas across Canada. During the 2019 Canadian Country Music Awards, Paul was honoured with the Slaight Music Humanitarian of the Year Award for his accomplishments with his "Not In My City" (www.notinmycity.ca) movement, which seeks to end human trafficking with a focus on preventing childhood sexual exploitation. Recognizing his dedication to ending human trafficking and child sexual exploitation, in November 2019, Elder Leonard Bastien honoured Paul with a Blackfoot name: Buffalo Bull Shield. Over 2020-2022, Paul has been honoured to chair the Government of Alberta's Human Trafficking Task Force, another first for a Country Musician in Canada. As a recipient of the Queen's Diamond and Platinum Jubilee awards and numerous other national and regional humanitarian nods, Paul is committed to serving those in need through various charitable endeavours including his Buckspring Foundation. A proud champion of The Great Trail, Paul is dedicated to creating and supporting spaces for respectful discussion and fostering meaningful community through his artistic platform.

Paul always strives to surprise and delight with his art and prefers to take the road less traveled. With a passion for story and community, Paul enjoys using his celebrity platform to engage and connect with people in a deep and meaningful way.



Dr. George Budd, Pharm.D., FBCCSU, B.Sc. (Pharm)., R.PEBC., R.Ph.
Addiction Medicine Fellowship (British Columbia Centre on Substance Use), Doctor of Pharmacy (Idaho State University), Bachelor of Pharmaceutical Sciences (Cairo University)

George P. Budd, a practicing pharmacist since 1992 from Cairo University, further obtained his Doctor of Pharmacy degree in 2011 from Idaho State University. He has experience in many different practice settings within the profession such as hospital pharmacy residency, community pharmacy and as a pharmacist-manager in community settings. Former Senior Investigator for the College of Pharmacists of BC (CPBC), and formally a Professional Conduct Review Consultant/Policy Liaison with the BC College of Nursing Professionals (BCCNP). Currently a Research Associate at Vancouver Coastal Health (VCH) and a member of the Complex Pain and Addiction Services Team at Vancouver General Hospital.

George is on the Board of Directors of the Canadian Society of Addiction Medicine (CSAM), a public member on the Professional Practice Standards at BCCNP, a Past-President of the Western Canada Addiction Society, and a former public representative to the Methadone Panel and the Prescription Review Program at the College of Physicians and Surgeons of BC.



Dr. David Crockford, MD, FRCPC, DABPN, CCSAM, DLFAPA, DFCPA

Dr. Crockford is a Clinical Professor with the Department of Psychiatry at the University of Calgary. He is a consulting psychiatrist to the Foothills Medical Centre Addiction Program, Early Psychosis Intervention Program, and Adult Psychosis Program, treating patients with concurrent disorders. He is certified in Addiction Medicine by the Canadian Society of Addiction Medicine, is on their board of directors and is Deputy Editor of the Canadian Journal of Addiction. His published work focuses on education in addiction, gambling disorder, functional brain neuroimaging, and concurrent psychiatric and substance use disorders. He is the past Chair of the Addictions Section for the Canadian Psychiatric Association as well as prior International Area Director and International Member-at-Large for the American Academy of Addiction Psychiatry. He is a Distinguished Life Fellow of the American Psychiatric Association and Distinguished Fellow of the Canadian Psychiatric Association.



Robert De Clark, MSW

Rob has been passionately working in the inpatient mental health and addiction field since 1999. Starting in Kamloops, BC at the Kiwanis House, Robert worked his way up the ranks as a support worker, admissions coordinator, and finally as a counsellor before leaving to complete his Masters in Social Work at Carleton

University in Ottawa.

In 2006, Robert came to Vancouver Island to embark on a successful career with Cedars at Cobble Hill, developing and leading the implementation of life changing programs at the centre. For the next 11 years, Robert would lead Cedars as the Clinical Director and eventually as the Vice President of Clinical Services. In 2017, Robert joined Homewood Health in the development and operation of Homewood Ravensview, where he spent his time focused on program and business development. Currently, Robert is Executive Director and founding partner with The Healing Institute At Forbidden Plateau, a new mental health and addiction facility located in the Comox Valley.



Dr. Raymond Julius O. Elefante, BSN, MD, FRCPC

Dr. Julius Elefante, a psychiatrist and a Clinical Assistant Professor with the University of British Columbia, completed his medical degree and residency in psychiatry at UBC, an addiction medicine fellowship through Saint Paul's Hospital, and a postdoctoral research fellowship at Johns Hopkins Medical Institutions. He currently works at Saint Paul's Hospital and Vancouver General Hospital in the areas of consultation-liaison, acute, concurrent disorders, and general adult psychiatry. Before medicine, he worked as a registered nurse for several years.



Dr. Robert Fox MD CCFP FCFP (C)ISAM (C)AAMRO

Dr. Fox is a family physician and addiction medicine specialist in a rural indigenous community. He understands the challenges of integrating addictions into primary care. He enjoys learning about other's solutions and sharing his own. He completed his MD at the University of Alberta and Family Medicine residency at Queen's University. After thirteen years in practice, he took a sabbatical year to complete the St. Paul's Hospital Addiction Medicine Fellowship. He is passionate about integrating addictions care into his Family Practice. He also provided addictions consultations for Fraser Health's Riverstone outpatient addictions clinic for three years. He is now the consulting primary care and addictions specialist at A'yexlw Centre for Hope and Healing, an adult treatment centre on Seabird Island First Nation and at Traverse, a youth treatment in Chilliwack. He has also hosted the BCCSU "Addiction Medicine Podcast" and served on the working committee to develop British Columbia's High Risk Drinking and Alcohol Use Disorder Guidelines.



Dr. Martha Ignaszewski

Psychiatrist and Education Lead, Complex Pain and Addiction Service (CPAS)

Dr. Martha J Ignaszewski is a Harvard and UCSF trained psychiatrist with board certification in Adult, Addiction, and Child and Adolescent Psychiatry in Canada and the USA. She is the Clinical Lead of the Substance Use Response and Facilitation (SURF) Service at BC Children's and Women's Hospital and works on the Complex Pain and Addiction Service (CPAS) at Vancouver General Hospital. Currently, Dr. Ignaszewski is the Education Lead for the VGH CPAS service, and Director of Fellowships & Off-Service Postgrad Education for Child and Adolescent Psychiatry at BCCH relating to her interest in medical education and working with learners across the educational spectrum. Destigmatization of addiction, the intersection between addiction and concurrent disorders, and providing an understanding about the developmental perspective and impacts of social determinants of health on substance use disorders are areas of focus with learners and clinically.

Dr. Ignaszewski possesses a background in clinical excellence, research and has held many leadership positions including ongoing roles with the American Academy of Addiction Psychiatry (AAAP) and American Academy of Child and Adolescent Psychiatry (AACAP). She has received many awards in recognition of her clinical education including the ASAM Ruth Fox Scholarship Award, the AACAP Educational Outreach Program Award for Child and Adolescent Psychiatry Residents and the Stuart J. Goldman Psychiatry Education Award, among others.



Keith D. King, MPH, RN, CPSO

Keith King (He/They) is a Michif Ayahkwew (Two Spirit) from Notikewin, Alberta in Treaty 8 territory. They are currently living in Amiskwaciwâskahikan (Edmonton, Alberta) where they are enrolled in the PhD program with the Faculty of Nursing at the University of Alberta. Here, they are working with the Metis Nation of Alberta to explore HPV-related cancer prevention across the homeland. They are also an

Assistant Teaching Professor in the Faculty of Nursing at the University of Alberta, and a sessional instructor at MacEwan University. Keith an oskapiew to Dr. Elder Grandmother Doreen Spence, from Saddle Lake Cree Nation, a member of Lii Taab Otapisimiwak, and works closely with the Health Department at the Metis Nation of Alberta. Keith also volunteers with a number of communities including the Metis Nation of Alberta, Metis Nation of Ontario, the Manitoba Metis Federation, the Edmonton 2Spirit Society, and various charities. Keith is a former board director of the Pain Society of Alberta, and a co-founder of the Alberta Pain Strategy, inviting diverse community voices to the field of pain, and a trauma-informed, recovery-oriented perspective in his work.



Keir Macdonald LLB, BA, M.B.A
Chief Executive Officer – Coast Mental Health

Keir is the Chief Executive Officer of Coast Mental Health, a multi-service agency dedicated to providing support, advocacy and promoting the recovery of people with mental illness. Keir previously held the role of Chief Executive Officer with Phoenix Society which is recognized as an organization that operates one of the largest recovery communities in Canada. The organization co-locates bed based substance use treatment, housing, employment and education services all on one campus of care. Prior to joining the Phoenix Society, Keir worked for several years with Lookout Housing & Health Society, where he held the positions of Deputy Executive Director and later Chief Operating Officer. In this role he guided Lookout's operations through the onset of British Columbia's public health emergency in 2016, rapidly scaling up harm reduction interventions in Vancouver, Surrey and Victoria.

Keir was born in Canberra, Australia and is a graduate of the Australian National University where he holds a Bachelor of Arts, Bachelor of Laws and a Graduate Diploma of Legal Practice. More recently, Keir completed his MBA at the Simon Fraser University and the Advanced Health Leadership Program with the Rotman School of Business in Toronto.

He is a purpose-driven and entrepreneurial senior executive with extensive progressive leadership with a specific focus on homelessness services, housing and health programs. Keir is most passionate about working to develop services for people facing barriers related to substance use, mental health and poverty.



Dr. Morris Markentin, M.D., CCFP (AM), FCFP

Dr. Markentin is a Family Physician graduated from the University of Saskatchewan. Practiced 15 years in rural Saskatchewan then transitioned to inner – city clinic and addictions. Currently working at the Westside Community Clinic and the Opiate Agonist Therapy Clinic on Saskatoon. Currently the medical manager for the Opiate Agonist Therapy Program for the College of Physicians and Surgeons of Saskatchewan.



**Dr. Nicky Mathew MD, ABPN (Addiction Psychiatry), FRCPC (Forensic Psychiatry),
ABPM (Addiction Medicine)
Clinical Associate Professor, UBC**

Dr. Mathew completed an addiction psychiatry fellowship at Yale University and a forensic psychiatry fellowship at the University of British Columbia. He is board certified in addiction psychiatry, addiction medicine and forensic psychiatry. He is a clinical associate professor at the University of British Columbia. All opinions expressed are his own and not affiliated to any organization.



**Dr. Annabel Mead, MBBS FACHAM DABAM
Physician (Specialist in Addiction Medicine)
Conference Co-Chair**

Dr. Mead has been practicing addiction medicine for over 20 years with expertise in women's health, concurrent psychiatric disorders and pain management. She is a Fellow of the Australasian Chapter of Addiction Medicine, a diplomate of the American Board of Addiction Medicine and Clinical Assistant Professor, UBC.

Dr. Mead has worked in many community, inpatient and outpatient treatment settings in Vancouver. These include the Addiction Medicine Consult Service at St Paul's Hospital and New Dawn Recovery House. She holds the positions of Senior Medical Director, Mental Health and Substance Use, BC Women's Hospital; Medical Director for BC Correctional Health Services and is the medical lead for the BC Provincial Perinatal Substance Use program.



**Dr. Charissa Patricelli
MD, CCFP(AM), FCFP, dipABAM, FASAM
Medical Director, Perinatal Addiction Services
Clinical Associate Professor, UBC Dept. of Family Practice**

Dr. Charissa Patricelli is a family physician with a Fellowship in Addiction Medicine. She is the Director of Perinatal Addictions at BC Women's Hospital + Health Centre and Medical Director of the Families in Recovery (FIR) program. FIR is a leader in providing obstetrical, medical, harm reduction, stabilization and recovery oriented care for pregnant and newly delivered women in a mother baby dyad togetherness model. Dr. Patricelli has been a leader in the development and integration of the FIR research program, and an enhanced model of care for mothers and newborns impacted by substance use disorder. She is passionate about learning together with interprofessional teams and enhancing our healthcare system to deliver patient and family centred compassionate care.



Dr. Launette Rieb MD, MSc, CCFP(AM), FCFP, CCSAM, DABAM, FASAM
Clinical Associate Professor, Dept. of Family Practice, University of British Columbia,
Pain and Addiction Medicine Consultant

Dr. Rieb is a family physician and Clinical Associate Professor in the Department of Family Practice at the University of British Columbia. She is certified in Addiction Medicine in the US and Canada. She was the co-creator and initial physician director of BC's first Addiction Medicine Fellowship. Dr. Rieb has over 35 publications in the areas of pain and addiction. She is on staff at St. Paul's Hospital and works clinically at ActumHealth where she is a consultant within an interprofessional team that treats injured workers with concurrent pain, addiction, and mental health issues. Dr. Rieb is the recipient of the BC College of Family Physicians Exceptional Teacher Honour.



Sarah Rush (MSW, RSW)

Social Worker at BC Children's Hospital Substance Use Response and Facilitation Program (SURF). Sarah has over a decade of experience as a registered Social Worker, providing clinical support to children, youth, and adults, with a specialization in substance use. Her passion is working with youth with concurrent disorders and supporting families in navigating our health care system. Sarah's clinical skills have been informed by a wide range of inpatient and outpatient settings in Vancouver, including Heartwood Center for Women, St. Paul's Rapid Access Addiction Clinic (RAAC), and Pender Community Health Clinic. Most recently, Sarah has worked in consultation teams at BC Children's Hospital, including the Compass Program and the SURF Team. Sarah is guided by the principles of trauma-informed practice, client-centered care, and anti-oppressive theory. Beyond client based services, Sarah runs education workshops for service providers and lawyers on topics including children rights, trauma informed practice and child and youth mental health. Sarah developed a provincial wide program that provides legal rights education to high school youth. Sarah is trained in a variety of evidence based treatment approaches such as Cognitive Behavioural Therapy (CBT), Motivational Interviewing, Dialectical Behavioural Therapy (DBT), Emotion Focused Family Therapy (EFFT), mindfulness and play therapy. In her spare time, Sarah loves to kayak, read, cross country ski, and create puppet shows.



Dr. Phil Tibbo

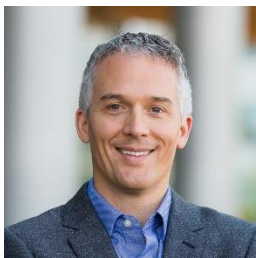
Professor, Dr Paul Janssen Chair in Psychotic Disorders
Director of Research, Department of Psychiatry, Dalhousie University
Clinical Director, Early Psychosis Intervention Nova Scotia
Nova Scotia Health

Dr. Tibbo received his B.Sc. (Hons) from Mount Allison University in Sackville, NB, and his MD from Memorial University of Newfoundland. He completed his residency in psychiatry at the University of Alberta and following this joined the staff at the University of Alberta Hospital as a clinician and researcher. He was instrumental in the development of and co-directed both the Bebensee

Schizophrenia Research Unit and the Edmonton Early Psychosis Intervention Clinic.

In 2008 Dr. Tibbo was named the first Dr. Paul Janssen Chair in Psychotic Disorders, an endowed research chair, at Dalhousie University in Halifax NS. He is a Professor in the Department of Psychiatry with a cross-appointment in Psychology and Neuroscience at Dalhousie University. He is Director of Research for the Department of Psychiatry at Dalhousie and Clinical Director of the provincial Early Psychosis Intervention Nova Scotia (EPINS) program for Nova Scotia Health. Dr Tibbo is President of the Canadian Consortium for Early Intervention in Psychosis (CCEIP), helping to advance early intervention care at the national level.

Dr. Tibbo's publications are primarily in the area of schizophrenia with his current foci of study including individuals at the early phase of, and at risk for, a psychotic illness. Dr. Tibbo's areas of research include application of in vivo brain neuroimaging techniques to study psychosis as well as research interests in co-morbidities in schizophrenia (primarily substance misuse and psychosis), pathways to care/service delivery, education, and non-pharmacological treatment options. He is funded by local and national peer reviewed funding agencies and well published in leading journals. Dr Tibbo was a recipient of the Canadian Alliance on Mental Illness and Mental Health's Champion of Mental Health Research award in 2017 and the 2018 Royal College of Physicians and Surgeons of Canada Prix d'Excellence - Specialist of the Year (region 5).



Kenneth Tupper, Ph.D.
Director, Substance Use Prevention and Harm Reduction
British Columbia Ministry of Health

Kenneth Tupper, Ph.D., is Director of Substance Use Prevention and Harm Reduction in the BC Ministry of Health, where he works with health authorities and other key health system partners to develop, implement and monitor provincial health policy to prevent and respond to problematic drug use and associated harms. From 2013-2017, Kenneth was a member of the Methadone Maintenance Committee of the College of Physicians and Surgeons of British Columbia. In addition to his almost 20 years of experience in public health policy development, Kenneth has published in numerous peer reviewed academic journals, presented at international health and drug policy conferences, and has twice been appointed to Canadian delegations to high-level United Nations international drug policy meetings.



Dr. Rob Tanguay, BSc (Hons), MD, FRCPC, CISAM, CCSAM
Chief Medical Officer, The Newly Institute
Clinical Assistant Professor, University of Calgary
Conference Co-Chair

Dr. Tanguay is a Psychiatrist who completed two fellowships, one in Addiction Medicine and Pain Medicine. He is a clinical assistant professor with the departments of Psychiatry and Surgery at the Cumming School of Medicine, University of Calgary.

Dr. Tanguay is the co-founder, developer, Chief Medical Officer, and Vice President of Business Development at The Newly Institute, a program dedicated to providing medical and psychological intervention for people living with mental health disorders such as PTSD, depression, anxiety, addiction, and chronic pain with evidence-based psychotherapy and trauma focused therapy. Dr. Tanguay has been recognized for his work as an inductee to the Alumni Honour Society at the University of Lethbridge, recipient of the Royal College of Physicians and Surgeons of Canada Award for Early-Career Leadership, and recipient of the Queen Elizabeth II Platinum Jubilee Award in recognition to his significant contributions in the fields of Mental Health, Addiction and Pain Medicine.

He is the former Regional Director for Alberta and Northwest Territories for the Canadian Society of Addiction Medicine (CSAM) where he sat as a board member, the former President of the Pain Society of Alberta where he continues with the BOD as the past president, and the co-chair of the internationally recognized Alberta Pain Strategy. He is the founder of the Opioid Deprescribing Program with AHS, the Rapid Access Addiction Medicine (RAAM) Community Clinic with AHS, and the Transitional Outpatient Pain Program for Spine (TOPPS) clinics with the University of Calgary and is renowned for his innovation in creating clinical programs for complex chronic medical and psychiatric illnesses. He was also the Medical Lead for Addiction Education for Alberta Health Services (AHS) where he helped develop award winning CME programs for physicians and health care practitioners.

Academically, he is involved in research in trauma, addiction, chronic pain, opioids, cannabis, and psychedelics and is a member of the Hotchkiss Brain Institute and the Mathison Centre for Mental Health Research & Education at the University of Calgary.



Dr. James X. Wang, MD, FRCPC

James Wang is a pediatrician and Adolescent Medicine subspecialist based in Vancouver, where he completed his post-graduate training at BC Children's Hospital. He is currently completing his fellowship at the BC Centre on Substance Use and will become the first Canadian-trained pediatric specialist in Addiction Medicine.

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