



Special Events

COMING TOGETHER.

BUILDING CONNECTIONS.

CHALLENGING OUR DIFFERENCES.

May 31 – June 1, 2024

Kelowna, British Columbia

wcaforum.com

Friday May 31

*non accredited activities

- 1215h Lunch
 Okanagan Room and Grand Foyer. Exhibit Booths are open.
- 1240h Matching Opioid Agonist Therapy Maintenance Doses with Patient Needs: Suggestions,
Science, and Safety
 Dr. Alex Wong MD, FRCPC
- At the end of this presentation, participants will be able to:
- Outline current guidelines regarding OAT maintenance dose in patients who use fentanyl.
 - Apply knowledge of OAT pharmacology to identify signs and symptoms of suboptimal dosing.
 - Assess safety considerations for patients with high opioid tolerance.
- 1310h Question and Answer
- 1325h Free time
- 1345h Welcome Back



Dr. Alex Wong, MD, FRCPC
Associate Professor Infectious Diseases,
University of Saskatchewan
Infectious Disease Clinic - Regina General Hospital

Dr. Alexander Wong is an infectious disease and addiction medicine physician and clinician-researcher with the Saskatchewan Health Authority. He is an Associate Professor in the Department of Medicine at the University of Saskatchewan. He completed medical school at Western University in 2005 and internal medicine residency and infectious diseases fellowship at the University of Alberta from 2005 to 2010. He obtained certification in addiction medicine in 2019.

Dr. Wong's primary clinical and research interests focus on HIV and viral hepatitis (B and C), particularly in marginalized populations including persons with substance use disorder, persons who use and inject drugs, and persons in carceral settings. His primary clinical practice is based at the ID Clinic at Regina General Hospital, which consists of an interdisciplinary team that provides specialized care to persons living across southern Saskatchewan with an infectious disease. He provides care for general infectious

diseases via all inpatient facilities in Regina and throughout southern Saskatchewan via virtual means. He attends multiple inner-city clinics across Regina as well as provincial and federal correctional facilities across Saskatchewan. In these settings, he practices full-scope addiction medicine including opioid agonist therapy, harm reduction, and overdose prevention.

Along with colleagues from Public Health in Regina, Dr. Wong helps to lead the Research & Evaluation Unit in the ID Clinic, which consists of research nurses and coordinators. The unit carries out research studies and clinical trials in the areas of viral hepatitis and HIV in collaboration with national and international partners and is recognized for its work with marginalized populations. He was recently awarded the 2021 CAHR-CAHFAR Excellence in HIV Research Award for Clinical Sciences by his peers.

In his administrative role, he works to expand system capacity and improve the care of persons living with substance use disorder and sexually transmitted & blood-borne infections across Saskatchewan. Dr. Wong teaches and mentors learners at all levels from medical students to practicing physicians and is the proud recipient of multiple teaching awards.

Saturday June 1

*non accredited activities

0740 – 0800 The Compass of Care: Guiding Outcomes Through Measurement-Based Strategies

Measurement-based care (MBC) is healthcare practice that involves the routine monitoring of patient symptoms and progress using standardized assessment tools. Evidence suggests that MBC not only improves patient outcomes but can also reduce healthcare costs and increase patient engagement in their own care. However, the implementation of MBC in treatment for addiction is limited. In this presentation, we will discuss how EHN has adopted a measurement-based care model of treatment to maximize patient outcomes. We will also share outcomes data from over 1000 individuals admitted to inpatient programs across EHN's network of treatment centres.

At the conclusion of this session, participants will be able to:

- Describe the importance of MBC in addiction treatment.
- Identify the link between MBC and treatment outcomes.
- Discover SUD treatment outcomes at EHN.



Lindsey Snaychuk
National Research Coordinator
EHN Canada



Lindsey Snaychuk is the National Research Coordinator for EHN. Lindsey began implementing research initiatives at Edgewood Treatment Centre in 2018 and has worked to roll out the protocol across the network over the past year. Her team has published multiple peer-reviewed articles on EHN's treatment outcomes and is working on several projects dedicated to determining predictors of attrition. She's currently leading measurement-based care initiatives at EHN to inform treatment and maximize outcomes. Lindsey is also working towards her doctoral degree in clinical psychology and works closely with individuals with addiction and concurrent mental health concerns which helps inform her research.

1130h Lunch

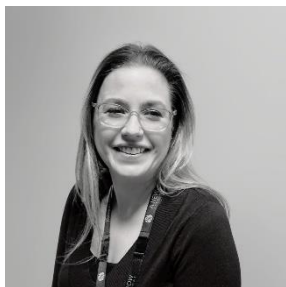
1145h **Treatment Matching: Rapid Fire Presentations from Western Canada’s Leading Treatment Centers** *non accredited activity.

Addiction treatment providers often refer patients to different treatment programs and understanding where to send someone and what services are needed is key. Drs. Mead and Tanguay will lead a panel discussing the options for addiction treatment in Western Canada. The ASAM Criteria will be utilized in discussing referring patients to the appropriate programming.

At the end of this presentation, participants will be able to:

- Applying the ASAM criteria for referring people to treatment for addiction.
- Increasing knowledge of treatment options in Western Canada
- Assessing individuals for concurrent disorders and severity of substance use disorders.

Meet our Presenters and Moderators



Allison Archibald, RN-BScN, BSc
Executive Director
A New Tomorrow Treatment Solutions



Allison is the Executive Director at A New Tomorrow Treatment Solutions in Kamloops, BC. Allison is a Registered Nurse with the British Columbia College of Nurses & Midwives; she has experience in a number of different practice settings within the nursing profession including several in an administrative/supervisory role. Allison has been working in the field of mental health and addiction since 2022, with a history in long term care (specifically dementia care), as well as in Public Health. Allison strongly believes in providing a safe, respectful, and compassionate space for those seeking recovery from addiction. She is passionate about caring for clients and staff and aims to offer a positive experience for everyone at A New Tomorrow.



Dr. Mel Vincent
Director of Psychiatric Services
Edgewood



Dr. Vincent received his BSC in Nutrition from the University of Guelph and MSC in Nutrition from the University of Toronto. He received his Medical Degree from McMaster, and completed Psychiatry training in 1988. He worked at Homewood Health Center in Guelph, and passed the American Society Addiction Medicine exam.

In 2002, he became Director of Psychiatric Services at Edgewood. Committed to education, he facilitates an addiction training workshop for physicians, and is an Instructor for Dept. Psychiatry UBC in the Addiction Division. He is the author of “Diagnosing and Treating Addictions: An Integrated Approach to Substance Use Disorders and Concurrent Disorders.”



Dr. John Lawlor
The Healing Institute at Forbidden
Plateau



Dr. Lawlor has worked in the mental health and addictions fields for the past 15 years. He has held clinical and managerial positions in inpatient, outpatient, and continuing care settings. His clinical specialty is the development and implementation of evidenced-based programming that draws from established and current research findings and clinical approaches. His dissertation research examined the psychological, social and spiritual constructs of long-term recovery among individuals identifying with an alcohol-use disorder in sustained (>25 years) remission.

Dr. Lawlor subscribes to the philosophy that as a social species, individuals achieve and maintain optimal health outcomes within the supportive and cohesive setting of like-minded people. His clinical focus is driven by a desire to mitigate the negative impact of addiction and mental health challenges through the utilization of best practices that emphasize social connectedness.



Deanna Brady
Vice President and General Manager
Homewood Health Centre



Deanna Brady leads Homewood Ravensview as the facility’s Vice President and General Manager. She has over 25 years of experience at Homewood, where she began her career as a Registered Practical Nurse. Specializing in mental health, she has provided years of direct client care with an emphasis on intake and case management. As a former nurse, she brings her years of clinical knowledge and front-line care

to the daily operations at Ravensview. Her leadership expertise includes Manager of Intake Services, Homewood Health Centre, and Director of Operations at The Residence in Guelph, Ontario. As a dedicated lifelong learner, Deanna has shown a strong commitment to continuing education by completing her degree in health administration, multiple certifications and is currently completing her Masters of Health Management.



Steven Hall
Community Relations Manager
Together We Can



TOGETHER WE CAN
DRUG & ALCOHOL RECOVERY & EDUCATION SOCIETY

Steven Hall is the Community Relations Lead for Together We Can Drug & Alcohol Recovery & Education Society (TWC). Coming from the West Kootenays, Steven moved to the lower mainland in July 2018 to attend a 12-step based, residential treatment program at TWC. After completing a 60-day program, he began volunteering with the society as a support worker and driver in September 2018. Since then he has been an in-house manager at the TWC Alliance Program and today, works as a part of the Community Relations and Family Support Team.

His own experience and struggles with addiction and mental health, coupled with working in the field, has given Steven fresh perspectives on the impact addiction has had on his community, friends, family and self. By entering recovery, he was able to stabilize on medications, receive counselling and build a strong support network of friends and professionals that help him daily to overcome his own struggles. Steven is a strong believer that there is hope in recovery and a strong community of like-minded Individuals can bring a solution to British Columbia's growing substance misuse epidemic and overdose crisis. By creating more safe spaces in our community that provide access to professional mental and physical health care services, Steven believes everyone is capable and worth recovery from addiction.



Dr. Annabel Mead, MBBS FACHAM DABAM
Physician (Specialist in Addiction Medicine)
WCAF Conference Co-Chair

Dr. Mead has been practicing addiction medicine for over 20 years with expertise in women's health, concurrent psychiatric disorders and pain management. She is a Fellow of the Australasian Chapter of Addiction Medicine, a diplomate of the American Board of Addiction Medicine and Clinical Assistant Professor, UBC.

Dr. Mead has worked in many community, inpatient and outpatient treatment settings in Vancouver. These include the Addiction Medicine Consult Service at St Paul's Hospital and New Dawn Recovery House. She holds the positions of Senior Medical Director, Mental Health and Substance Use, BC Women's Hospital; Medical Director for BC Correctional Health Services and is the medical lead for the BC

Provincial Perinatal Substance Use program.



Dr. Rob Tanguay BSc (Hons), MD, FRCPC, CISAM, CCSAM
Chief Medical Officer, The Newly Institute
Clinical Assistant Professor, University of Calgary
Departments of Psychiatry and Surgery
WCAF Conference Co-Chair

Dr. Tanguay is a psychiatrist who completed two fellowships, one in Addiction Medicine and Pain Medicine. He is a clinical assistant professor with the departments of Psychiatry and Surgery at the Cumming School of Medicine, University of Calgary.

Dr. Tanguay is the co-founder, developer, and Chief Medical Officer, at The Newly Institute, a rehabilitation and return to work program dedicated to providing medical and psychological intervention for people living with mental health disorders such as PTSD, depression, anxiety, addiction, and chronic pain with evidence-based psychotherapy and trauma-focused therapy.

He is the co-chair of the internationally recognized Alberta Pain Strategy and helps lead the Alberta Virtual Pain Program implementation. He is the founder of the Opioid Deprescribing Program with AHS, the Rapid Access Addiction Medicine (RAAM) Community Clinic with AHS, and the Transitional Outpatient Pain Program for Spine (TOPPS) clinics with the University of Calgary and is renowned for his innovation in creating clinical programs for complex chronic medical and psychiatric illnesses. He was also the Provincial Medical Lead for Addiction Education for Alberta Health Services (AHS) where he helped develop award winning CME programs for physicians and health care practitioners.

Dr. Tanguay has been recognized for his work and is the 2021 Royal College of Physicians and Surgeons of Canada recipient of the Early Career Leadership Award, was inducted into the University of Lethbridge Alumni Honour Society, and is a recipient of the Queen Elizabeth II Platinum Jubilee Medal.

Dr. Tanguay is member of the Calgary Police Commission, recently appointed for a 3-year term. He is the Co-Chair of the Western Canadian Addiction Forum and director of the Canadian Addiction Counsel. Dr. Tanguay has been heavily involved in health policy including helping to lead the Alberta Psychedelic Legislative Committee and the Alberta Safe Supply Legislative Committee. He is a member of the Alberta Recovery Expert Advisory Panel leading the implementation of the Recovery Orientated System of Care. He is a member of the Public Health Emergencies Governance Review Panel for the Government of Alberta and was a member of the Supervised Consumption Review Committee. He also sits on the Policy Committee for the Canadian Society of Addiction medicine (CSAM).

Academically, he is involved in research in trauma, addiction, chronic pain, opioids, cannabis, and psychedelics and is a member of the Hotchkiss Brain Institute and the Mathison Centre for Mental Health Research & Education at the University of Calgary.