



Conference Brochure

**COMING TOGETHER.
BUILDING CONNECTIONS.
CHALLENGING OUR DIFFERENCES.**

September 23-24, 2022
Kelowna, British Columbia

wcaforum.com

Western Canada Addiction Forum Board of Directors and Planning Committee

Dr. Annabel Mead, MBBS DipABAM, Conference Co-Chair
Vancouver, British Columbia

Dr. Rob Tanguay, BSc (Hons), MD, FRCPC, CISAM, CCSAM, Conference Co-Chair
Calgary, Alberta

Dr. George Budd, Pharm.D., FBCCSU, B.Sc. (Pharm)., R.PEBC., R.Ph.
Vancouver, British Columbia

Robert De Clark, MSW
Victoria, British Columbia

Joan Hollihan, B.Comm
Calgary, Alberta

Dr. Morris Markentin, M.D., CCFP (AM), FCFP
Saskatoon, Saskatchewan

The Western Canada Addiction Forum would like to acknowledge the land on which we gather is the unceded territory of the Syilx (Okanagan) Peoples. The Syilx Okanagan and Secwepemc peoples have taken care of their homelands for thousands of years.

The Western Canada Addiction Forum is respectful of the Syilx Okanagan and Secwepemc peoples, their knowledge, language, and history, as well as their ongoing relationship to the land and natural world.

This Group Learning program has been reviewed by the College of Family Physicians of Canada and has been certified by the British Columbia Chapter for up to 12.75 Mainpro+ credits.



Friday September 23

Welcome and Opening

Trauma Therapy: Advancing Access

Interdisciplinary Care for Addiction

Methamphetamine: Where Are We Headed?

Lived Experience Perspectives

Emotional Intelligence and Addiction Services

Saturday September 24

Welcome

Youth in the Opioid Crisis

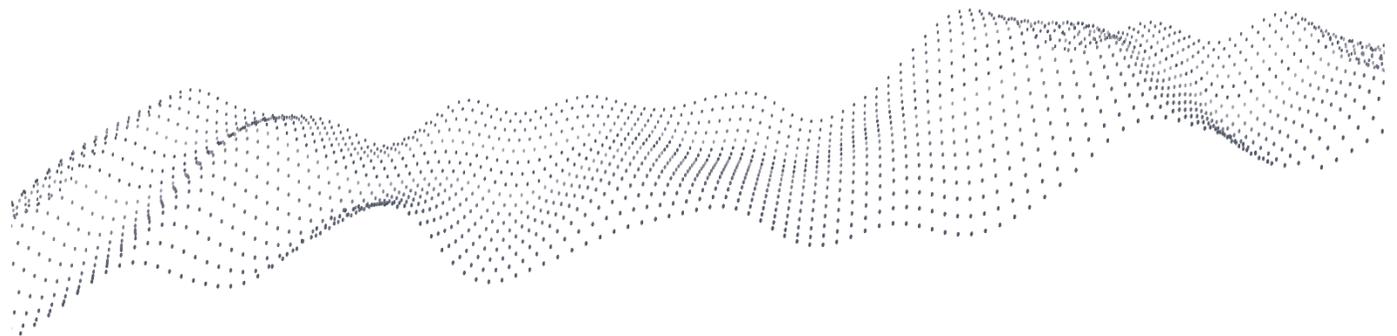
Supported Mandated Treatment

Provincial Approaches to the Opioid Crisis and Outcomes

Hot Topics: Decriminalization and Public Supply of Addictive Drugs

Learning Objectives: At the end of this conference, the participant will be able to....

- Explore novel transitions and initiations of opioid agonist therapy for individuals suffering with fentanyl addiction.
- Gain perspective of how to use psychosocial protocols to support those suffering with substance use disorders.
- Address methamphetamine use from pharmaceutical and psychosocial perspectives.
- Discuss stories with people with lived experience and their family members.



Friday September 23

0715h **Breakfast and Registration**
 Okanagan Room and Grand Foyer

0800h **Welcome and Introductions**
 Dr. Annabel Mead and Elder Grouse

Trauma Therapy: Advancing Access
Moderator: Robert De Clark

0830h **Accelerated Resolution Therapy (ART): A Needed Paradigm Shift in Clinical Practice**
 Colleen Clark

At the conclusion of this activity, participants will be able to:

- Define Trauma Informed Practice
- Comprehend how ART will provide evidence-based intervention quickly to patient care, by completing the Trauma work first.
- Identify the positive impact and benefits on patients, Mental Health professionals, and Health Systems and Society.

0855h **Cognitive Processing Therapy as Part of Inpatient Addiction Treatment**
 Dr. Julie Burbidge

Many people with addiction have comorbid PTSD, and research shows that concurrent treatment of addiction and PTSD results in higher rates of recovery for clients. This presentation will highlight how cognitive processing therapy (CPT) for PTSD can be incorporated into inpatient addiction treatment to improve client outcomes.

At the conclusion of this activity, participants will be able to:

- Explain the importance of integrating trauma treatment into addiction programming and to describe CPT.
- Identify both the benefits and challenges of using CPT in inpatient addiction treatment settings.

0915h **Complex PTSD, PTSD and Trauma Associated with Substance Use Disorders:
What can we do?**
 Dr. Rob Tanguay

PTSD, Complex PTSD and trauma associated with substance use disorders can have deleterious effects on outcomes of treatment and long-term recovery. Dr. Tanguay will review the diagnosis, treatment, and impact of trauma in those presenting and active in treatment for substance use disorders and the need for interdisciplinary models of care.

At the conclusion of this activity, participants will be able to:

- Better identify PTSD and complex PTSD
- Define PTSD and complex PTSD
- Interpret of the impact of trauma and substance use disorder outcomes

0935h **Moderated Question and Answer**

1000h **Rest Break**
 North Hallway. Exhibitor Booths are open

Interdisciplinary Care for Addiction

Moderator: Dr. Annabel Mead

1030h **Common Goals, Working in an Interdisciplinary Addiction Care Team at Homewood
Ravensview**
 Dr. Johann Blignaut

This presentation will describe my background and training in addictions care and working in interdisciplinary teams. I will discuss how we strive to work as a team in addictions care at Ravensview. I will discuss how we work with referring organizations, referring physicians and mental health workers to ensure a safe transition into and out of residential care.

At the conclusion of this activity, participants will be able to:

- Describe how staff at a residential treatment center can work together to help clients recover.
- Comprehend how staff at a residential treatment center work with community treatment teams to help patients transition safely from into and out of residential care.

1050h A Clinical Example of Interdisciplinary Model of Care on SURF at BCWH
 Dr. Martha Ignaswezki

At the conclusion of this activity, participants will be able to:

- Describe the advantages of a multidisciplinary treatment approach focusing on medical, psychological and sociocultural aspects for concurrent disorder management
- Highlight the unique roles that peer mentors and individuals in recovery and lived experience can add
- Provide an example of an interdisciplinary team approach at BC Children's and Women's Hospital

1110h Moderated Question and Answer

1130h Complex Opioid Withdrawal Management and OAT Initiation in an Inpatient Setting
 Dr. Pouya Azar

At the conclusion of this activity, participants will be able to:

- Describe how intravenous fentanyl can be utilized for opioid withdrawal management: Symptom Inhibited Fentanyl Induction (SIFI).
- Understand rapid methadone titrations in patients on short-acting full opioid agonists.
- Apply rapid buprenorphine initiations in the opioid tolerant patient.

1150h Moderated Question and Answer

1200h Lunch
 Okanagan Room and Grand Foyer. Exhibitor Booths are open

1330h Welcome Back!

Methamphetamine: Where Are We Headed?

Moderator: Dr. Morris Markentin

1330h Meth: Medication and More!
Dr. Ginette Poulin

At the end of this presentation, participants will be able to:

- Recognize the trends and impacts of methamphetamine today
- Discover current management approaches
- Review of evidence of pharmacotherapy and non-pharmacotherapy treatments

1350h Acute Management of Methamphetamine Toxicity
Dr. Monty Ghosh

At the conclusion of this activity, participants will be able to:

- Explore the current evidence of pharmacotherapy around methamphetamine acute toxicity.
- Identify de-escalation strategies with meth toxicity
- Formulate an approach to holistically managing meth toxicity.

1410h Mamas, Munchkins and Methamphetamines
Dr. Marcela Smid

This presentation will focus on effects of methamphetamine epidemic on perinatal health.

At the conclusion of the presentation, the learner will be able to:

- Understand methamphetamine use prevalence and overdose epidemic in the United States and Canada
- Identify maternal, fetal and child effects of methamphetamine use in pregnancy
- Describe the evidence-informed treatments for methamphetamine use disorder

1430h Moderated Question and Answer

1500h Rest Break
North Hallway. Exhibitor Booths are open

Lived Experience Perspectives

Moderator: Robert De Clark

1530h When Minors Are Not Seeking Treatment Angie Hamilton

Angie will share her family's journey trying to protect her son who has struggled with addiction from his early teens. It is a journey that exposes the many shortcomings of our substance use and mental health system of care and explains why she has dedicated her life since 2016 to supporting other parents and educating/advocating for treatment on demand, protective health laws and protective drug policies.

At the end of this presentation, participants will be able to:

- Explain how addiction is a pediatric illness
- Identify ways in which addiction impacts the whole family
- Outline examples of how our healthcare system fails families affected by addiction.

1550h Lived Experience: Effects of Covid-19 on Long Term Recovery Chris Cull

At the end of this presentation, participants will be able to:

- Recognize the effects of Covid-19 on long term recovery
- Identify gaps in care

1610h Let's Talk About Stigma Karly Stewart

At the end of this presentation, participants will be able to:

- Recognize the importance of meeting people using substances where they are at and providing collaboration, compassion and choice for treatment options
- Explore how harm reduction/emergency overdose prevention services (eOPS) can save lives so people using substances can get to the point in their wellness journey to become more stable or choose recovery
- Confirm why rooming in, reunification, and family preservation is important for recovery/wellness and how health care providers can help parenting goals of their patients

1630h Moderated Question and Answer

1645h **Emotional Intelligence and Addiction Services**

David Cory

Moderator: Dr. George Budd

Neuroscience research over the past 3 decades confirms the critical role of emotions in our behaviour as human beings and yet we learn so little about our emotions in our public education systems, technical schools and universities. What would we learn if we were to be more emotionally intelligent and how would it enhance addiction services? Originally created as a model to understand mental health, the leading model for emotional intelligence (EI) in the world is mostly used to help people to thrive. Join David Cory, leadership development specialist, as he shares with you what you need to know about your own emotional intelligence to better support mental health in yourself and your colleagues to better serve your clients/patients.

At the end of this presentation, participants will be able to:

- Explain what we mean by emotional intelligence and how it provides the framework for mental health
- Describe one of the world's leading models of emotional intelligence
- Outline 5 quick tips for improving emotional intelligence skills

1730h **Moderated Question and Answer**

1745h **Closing Remarks**

Dr. George Budd

1930h **Wine and Cheese Social**

North Hallway and Grand Foyer

Saturday September 24

0730h **Breakfast and Registration**

Okanagan Room and Grand Foyer

0815h **Welcome**

Dr. George Budd and Dr. Mandy Manak

Youth in the Opioid Crisis

Moderator: Dr. Martha Ignaswecki

0830h Youth and Addiction: The Conversations We Aren't Having Angie Hamilton

Since 2017, acute drug toxicity has been the leading cause of death in Ontario for those aged 15-24. The importance of early intervention has been established, yet youth seeking treatment can wait months or years for a diagnosis and/or treatment for addiction and other mental health conditions. For those who are not seeking treatment, there is no means to intervene. Further, when youth cannot afford their substances, they may be involved in acquisition crimes, lured into the drug trade or experience sexual exploitation. What does a public health and human rights approach mean for youth and what does it look like?

At the end of the presentation, participants will be able to:

- Explain that the status quo of allowing youth to play Russian roulette with their lives has to go;
- Define reasons that families advocate for protective health laws and protective drug policies;
- Initiate and continue conversations with colleagues on the need for physician advocacy to protect youth struggling with addiction.

0850h Psychosocial Interventions for Youth with Opioid Use Disorder Joel Mader

The presentation will briefly review the current public health crisis as it relates to opioid use disorder (OUD) in youth. An overview of current psychosocial interventions for youth with OUD will be given, along with best practices for treatment, including how stabilization/supportive mandated treatment fit within the continuum of care. At the conclusion, attendees will be better able to identify gaps in service, as well as assess and recommend treatment for youth with OUD.

0910h Time to Act, Stabilization Care for Illicit Drug Overdoses, Part 1 Dr. Dzung Vo

Dr. Vo will present a composite case of an adolescent presenting to the emergency department after an acute opioid overdose, and considerations for acute admission to

hospital for stabilization care. He will discuss medical, developmental, ethical, and justice perspectives of this clinical situation.

At the end of the presentation, participants will be able to:

- Describe the unique risks, opportunities, developmental considerations, and special needs of adolescents after acute overdoses

0930h **Moderated Question and Answer**

1000h **Rest Break**
 North Hallway. Exhibitor Booths are open

Supportive Mandated Treatment

Moderator: Dr. Rob Tanguay

1030h **Experiences and Insights from Treating Substance Use Disorders in a Mixed Setting of Voluntary and Involuntary Patients**
 Dr. Ataa Azarbar

My talk will add to the conversation on supportive mandated substance use treatment by drawing from 8 years of experience treating both voluntary and involuntary severe substance use disorders in an inpatient setting that is a designated facility under the mental health act in BC. At the conclusion of this activity, participants should recall associated differences in early phase retention, differentiate involuntary treatment for mental disorders from mandated substance use treatment, identify limitations in the mental health act from application to substance use disorder treatment, appraise the distinction between substance use and other mental disorders with respect to capacity to direct treatment, identify potential advantages and disadvantages of this approach to treatment, and become more familiar with the state of evidence on involuntary treatment for substance use disorders.

1050h **What is Supportive Mandated Treatment? Building on a Ubiquitous Approach to Achieve Best Outcomes**
 Dr. Paul Sobey

Supportive mandated treatment goes by many names - contingency behavioural management and others. At its core it employs internal and external incentives to motivate people to change behaviours and develop means of creating personal wellness. I will speak to the core elements necessary to produce this paradigm and the evidence for its

effectiveness. I will discuss issues around impairment in the workplace, the primary reason a contingency approach was originally develops (developed) and lastly, time allowing, I will speak to some of the medical-legal and jurisprudence issues at play.

At the end of the presentation, participants will be able to:

- Define the core elements of “Supportive Mandated Treatment”
- Recognize the evidence that impaired workers pose a risk to work environments
- Explore the evidence for this approaches effectiveness in addressing addictive behaviors in safety sensitive workers
- Outline some of the medical-legal and jurisprudence issues at play

**1110h Time to Act, Stabilization Care for Illicit Drug Overdoses – Part 2
Dr. Eva Moore**

Dr. Eva Moore will share experiences of Stabilization Care, an approach to care for youth after hospital presentation for a life-threatening overdose which includes a brief admission to hospital for stabilization and interdisciplinary mobilization. At the conclusion of this activity, participants will be able to apply an interdisciplinary approach to engaging youth that involves family and community resources and will be able to consider the unique needs of youth using ethical and developmental principles.

1130h Moderated Question and Answer

1200h Lunch

Okanagan Room and Grand Foyer. Exhibitor Booths are open

**1315h WCAF Award for Innovation in Addiction Medicine
Presented by Dr. Rob Tanguay**

1330h Welcome Back!

Dr. Rob Tanguay and Mike Ellis, Associate Minister of Mental Health and Addictions

Provincial Perspective on Systems of Care

Moderator: Dr. Rob Tanguay

**1330h Insights from a Population-level Study on Opioid Use Disorder in British Columbia
Dr. Bohdan Nosyk**

At the end of the presentation, participants will be able to:

- Gain insight about updated population-level health and treatment outcomes among people with opioid use disorder in BC.
- Explore capacity, strengths and limitations of using linked health administrative databases for health surveillance, performance measurement and evaluating healthcare interventions.
- Identify methods used to generate causal inferences from observational data.

**1400h Recovery Oriented System of Care – Outcomes from the Alberta Model
Marshall Smith**

Mr. Smith will review the centralized health system in Alberta allowing for a provincial response to the overdose crisis. Access to treatment along with a Recovery Orientated System of Care has helped lead to a reduction in overdose deaths in Alberta. Novel Recovery Communities are the next plan to help all those suffering with addiction.

At the end of the presentation, participants will be able to:

- Define a Recovery Orientated System of Care.
- Advocate for more centralized and inclusive treatment.
- Explore the referral process and plans for the new Recovery Communities in Alberta.

1445h Moderated Question and Answer

1515h Rest Break
North Hallway. Exhibitor Booths are open

Hot Topics: Decriminalization and Public Supply of Addictive Drugs
Moderator: Dr. Rob Tanguay

1545h Diplomacy, Science and Stigma
Dr. David Martell

At the end of the presentation, participants will be able to:

- Demonstrate compassion for colleagues who have different ideologies
- Plan how to advocate for changes in drug policy in Canada

1605h Prescribed Safer Supply: What it is, Who it Works For and Why it's Hard
Darci Skiber and Dr. Annabel Mead

At the end of the presentation, participants will be able to:

- Explore and define prescribed safer supply
- Identify who might benefit from prescribed safer supply and considerations for special populations
- Formulate ethical considerations for prescribers and consumers
- Consider and discuss prescriber's viewpoint (risks, challenges, context)

1635h Moderated Question and Answer

1705h Closing Remarks
Dr. Rob Tanguay and Elder Grouse

1730h Conference Concludes

Meet our Presenters and Moderators



Dr. Pouya Azar MD, FRCPC, DABAM

Dr. Pouya Azar is the Head of the Complex Pain and Addiction Service (CPAS), a consult service under the Department of Psychiatry at Vancouver Coastal Health, which provides management of pain, mental health disorders, and substance use disorders across all clinical services at Vancouver General Hospital, UBC Hospital, and GF Strong Rehabilitation Centre. He is also the Addiction Lead at Foundry Vancouver Granville, a consulting physician for adolescent addiction medicine at BC Children's Hospital, a consulting physician for psychiatry and addiction medicine at British Columbia Centre for Excellence in HIV/AIDS, a consulting

physician for the VGH Transitional Pain Clinic and a clinical instructor at the UBC Department of Psychiatry. Dr. Azar's clinical and translational research focuses on the development of novel opioid agonist therapy initiation protocols.



Dr. Ataa Azarbar. MD, DABAM, M. Sc., FRCPC.
Staff Psychiatrist at Redfish Healing Centre for Mental Health and Addiction.
Copresident of the Concurrent Disorders Physician Engagement Association.

Ataa Azarbar completed a Masters degree in neuroscience at Carleton University. He went on to graduate medical school in Calgary in 2011 and completed an American Board of Addiction Medicine accredited fellowship and psychiatric residency in Vancouver BC. He has been practicing in the field of concurrent mental and substance use disorders since 2016. He has worked in acute inpatient psychiatry (St. Paul's Hospital), outpatient rapid access mental health clinic utilizing the unique group medical visit model to enhance access to psychiatric care upstream (MDABC Psychiatry clinic), shared care psychiatry (St. Paul's Hospital Rapid Access Addiction Clinic), complex pain and addiction hospital consultation services (at Vancouver General and UBC Hospitals), and quaternary level provincial inpatient concurrent disorder treatment at Burnaby Centre for Mental Health and Addiction and the Redfish Healing Centre for Mental Health and Addictions. Beyond research and clinical work he is the copresident of the relatively newly formed Concurrent Disorders Physician Engagement Association representing Adult Mental Health and Substance Use Services with the Provincial Health Services Authority in British Columbia.



Dr. Johann Blignaut MB ChB

Dr. Johann Blignaut is a family physician with a certificate of added competence in addiction medicine from the College of Family Physicians of Canada. He worked as a rural family physician with a wide scope of practice in Southern Manitoba before moving to British Columbia in 2020. He believes in holistic & trauma-informed care.



Dr. George Budd, Pharm.D., FBCCSU, B.Sc. (Pharm)., R.PEBC., R.Ph.
Addiction Medicine Fellowship (British Columbia Centre on Substance Use), Doctor of Pharmacy (Idaho State University), Bachelor of Pharmaceutical Sciences (Cairo University)

George P. Budd, a practicing pharmacist since 1992 from Cairo University, further obtained his Doctor of Pharmacy degree in 2011 from Idaho State University. He has experience in many different practice settings within the profession such as hospital pharmacy residency, community pharmacy and as a pharmacist-manager in community settings. Former Senior Investigator for the College of Pharmacists of BC (CPBC), and formally a Professional Conduct Review Consultant/Policy

Liaison with the BC College of Nursing Professionals (BCCNP). Currently a Research Associate at Vancouver Coastal Health (VCH) and a member of the Complex Pain and Addiction Services Team at Vancouver General Hospital.

George is on the Board of Directors of the Canadian Society of Addiction Medicine (CSAM), a public member on the Professional Practice Standards at BCCNP, a Past-President of the Western Canada Addiction Society, and a former public representative to the Methadone Panel and the Prescription Review Program at the College of Physicians and Surgeons of BC.

Dr. Julie Burbidge PhD, R. Psych



Dr. Julie Burbidge is a Registered Clinical Psychologist and Clinical Director at Homewood Ravensview, which is an inpatient Addiction, Trauma, and Mood & Anxiety Disorder treatment centre. Prior to joining the team at Ravensview, she worked primarily with adults with mood and anxiety disorders and trauma-related disorders in outpatient clinics, inpatient settings, and private practice. Dr. Burbidge has extensive experience providing individual and group therapy and assessment, in addition to teaching and clinical supervision. She has held academic and administrative positions during her career, and has been involved in program development in healthcare settings.

Colleen E Clark RCSW: BCETS; BCBT; BCFT; BCSA



**Master ART Practitioner; Clinical ART Specialist; ACSW Clinical Supervisor; RCRR Lead Certified ART Trainer Canada;
Consultant; Carewest OSI Clinic; Private Practice 35 years plus.**

Colleen brought ART into Canada 8 years ago and has trained over 1000 Mental Health professionals. Past instructor (24 years) U of C Faculty of Social Work; development and taught Mental Health Trauma Informed Clinical course Graduate and Undergraduate. International Presenter; Author: "Come Passion..the Soulful ART of Healing Trauma" (workbook being published February 2023)

David Cory, B.Ed., M.A., C.P.C.C.



David Cory is a leadership development coach, trainer, and consultant known for his expertise in applying the concept of emotional intelligence to individual and organizational performance improvement. David founded one of the first companies in North America to focus on the development of leadership based on emotional intelligence in 1998. In the course of his work, David has been an invited guest of the Sultan of Brunei, worked under armed guard in Nigeria, been kicked out of a restricted area in Saudi Arabia, chased by an elephant in Zambia, and sang for royalty in Malaysia. David's company completed the design of a leadership course based on emotional intelligence for the citizens of the Republic of Botswana. Speaking

highlights include: key-note speaker at the Nexus EQ conference at the Harvard Medical School and 6 time key-note speaker at the World/Asia HRD Congress in Bahrain, Brunei, Singapore, Kuala Lumpur (x2) and most recently virtually.



Chris Cull
Founder - Inspire By Example

Chris Cull is a two-time cross Canada Cyclist, Filmmaker, Motivational Speaker, Founder of Inspire By Example and recovering opioid user. Using his personal experience with opioid addiction and stories documented across Canada, Chris has advised numerous institutions and organizations in the prevention and treatment of substance misuse. His advising includes, but not limited to, the 2017 Canadian Opioid Prescribing Guidelines for Chronic Non Cancer Pain, the Constituency Council at the Centre for Addiction and Mental Health (CAMH) and the Opioid Strategy Implementation Group at Ontario Health East. Chris also serves on the Policy Committee of the Canadian Society of Addiction Medicine (CSAM) and the Board of Directors of the Canadian Centre on Substance Use and Addiction (CCSA).



Robert De Clark, MSW

Robert De Clark is the General Manager of Homewood Ravensview. He previously played a key role in developing Ravensview as Homewood Health's Director of Facility Development for Western Canada. A former addiction and mental health outreach worker, counsellor and clinical director, Robert most recently served as vice-president of clinical services for a leading treatment facility. A respected hockey coach, Robert is also involved in wellness programs for students and young athletes, and co-founded a pioneering mental health program for junior hockey athletes - BCHL's Talk Today program.



Dr. Monty Ghosh, MD, MBT, MSc, DM-EMDM, FRCPC, ISAM (Certification)
Asst. Clinical Professor, Dept. of General Internal Medicine & Neurology, UofA and
Department of Medicine & Psychiatry – University of Calgary

Monty Ghosh is an Internist and Addiction Specialist who works at the University of Alberta Hospital in Edmonton as an Internist as well as the Sheldon Chumir and Rockyview Hospitals doing Addiction Medicine in Calgary. He works with multiple community based not for profit organizations to provide support for marginalized populations including The Alex and The Calgary Drop-In Centre. He also helps foster and create unique programs to support those living with substance use, experiencing homelessness, and with other vulnerabilities. He is an assistant clinical professor at both The University of Alberta and the University of Calgary, and is heavily involved with provincial policy building in Alberta, as well as with research and is the recipient or

co-recipient of grants from Alberta Innovates, Alberta Health, and the Canadian Institute of Health Research.



Angie Hamilton LL.B

Executive Director and Co-Founder of Families for Addiction Recovery (FAR)

Angie Hamilton is a retired lawyer, the Executive Director and Co-Founder of Families for Addiction Recovery (FAR) and the parent of a child who struggles with addiction. Angie is a member of the Policy Committee of the Canadian Society of Addiction Medicine and a Board Member of The Ontario Family Caregivers' Advisory Network. She was a member of the National Board of MADD Canada from 2014 to 2020 and the Chair of their Public Policy Committee.



Dr. Martha Ignaszewski

Psychiatrist and Education Lead, Complex Pain and Addiction Service (CPAS)

Dr. Martha J Ignaszewski is a Harvard and UCSF trained psychiatrist with board certification in Adult, Addiction, and Child and Adolescent Psychiatry in Canada and the USA. She is the Clinical Lead of the Substance Use Response and Facilitation (SURF) Service at BC Children's and Women's Hospital, and works on the Complex Pain and Addiction Service (CPAS) at Vancouver General Hospital. Currently, Dr. Ignaszewski is the Education Lead for the VGH CPAS service, and Director of Fellowships & Off-Service Postgrad Education for Child and Adolescent Psychiatry at BCCH relating to her interest in medical education and working with learners across the educational spectrum. Destigmatization of addiction, the intersection between addiction and concurrent disorders, and providing an understanding about the developmental perspective and impacts of social determinants of health on substance use disorders are areas of focus with learners and clinically.

Dr. Ignaszewski possesses a background in clinical excellence, research and has held many leadership positions including ongoing roles with the American Academy of Addiction Psychiatry (AAAP) and American Academy of Child and Adolescent Psychiatry (AACAP). She has received many awards in recognition of her clinical education including the ASAM Ruth Fox Scholarship Award, the AACAP Educational Outreach Program Award for Child and Adolescent Psychiatry Residents and the Stuart J. Goldman Psychiatry Education Award, among others.



Joel Mader M.Ed., R.Psych

Joel Mader is a registered psychologist in good standing with the College of Alberta Psychologists and he is a member of the Psychologists Association of Alberta. He completed his Masters of Counselling Psychology at the University of Lethbridge where he specialized in addictive behaviours and concurrent disorders.

He has experience as both a researcher and clinician. He has published peer reviewed articles on addictive behaviors and substance use, and recently served as a guest editor for a special issue on cannabis which was published in 2021. Clinically, he has worked in a variety of settings ranging from residential treatment, where he served as a clinical director, to intensive outpatient programs, where he worked with individuals with addiction and concurrent disorders. More recently, has been providing private therapy and rehabilitation services to individuals in Calgary and the surrounding area.

In his clinical work, he serves both adolescents and adults to facilitate meaningful change and overcome challenges related to mental health. His style to therapy emphasizes collaboration, empathy, warmth, and understanding; recognizing these as important factors that make up an effective therapeutic relationship.



Dr. Morris Markentin, M.D., CCFP (AM), FCFP

Dr. Markentin is a Family Physician graduated from the University of Saskatchewan. Practiced 15 years in rural Saskatchewan then transitioned to inner – city clinic and addictions. Currently working at the Westside Community Clinic and the Opiate Agonist Therapy Clinic on Saskatoon. Currently the medical manager for the Opiate Agonist Therapy Program for the College of Physicians and Surgeons of Saskatchewan.



**Dr. David Martell MD CCFP(AM) FCFP CISAM CCSAM
Physician Lead – Addiction Medicine, Nova Scotia Health
President-Elect, Canadian Society of Addiction Medicine
Assistant Professor, Department of Family Medicine, Dalhousie University**

Dr. Martell is a family physician in focused practice in addiction medicine in rural Nova Scotia. In addition to his clinical work, he has a number of leadership roles including the addiction medicine physician lead for Nova Scotia’s single health authority, addiction medicine medical advisor to the Atlantic Mentorship Network, president-elect of the Canadian Society of Addiction Medicine, and vice chair of the CFPC Member Interest Group in Addiction Medicine. Dave is also an active provider of medical assistance in dying and a peer counselor with the Professional Support Program of DoctorsNS.

I am tasked to participate in a panel discussion on the topics of drug decriminalization and public supply of addictive drugs. I hope to shed light on how these issues impact the care of people with addictive disorders, how we can best position ourselves as health care providers to inform and direct public policy, and most importantly, how we maintain unity as an addiction medicine provider collective despite a lack of consensus by focusing on and being guided by quality research.



Dr. Annabel Mead, MBBS FACHAM DABAM
Physician (Specialist in Addiction Medicine)
Conference Co-Chair

Dr. Mead has been practicing addiction medicine for over 20 years with expertise in women's health, concurrent psychiatric disorders and pain management. She is a Fellow of the Australasian Chapter of Addiction Medicine, a diplomate of the American Board of Addiction Medicine and Clinical Assistant Professor, UBC.

Dr. Mead has worked in many community, inpatient and outpatient treatment settings in Vancouver. These include the Addiction Medicine Consult Service at St Paul's Hospital and New Dawn Recovery House.

She holds the positions of Senior Medical Director, Mental Health and Substance Use, BC Women's Hospital; Medical Director for BC Correctional Health Services and is the medical lead for the BC Provincial Perinatal Substance Use program.



Dr. Eva Michele Moore, MD, MSPH, FAAP
Adolescent Medicine Pediatrician, BC Children's Hospital

Dr. Eva Moore, MD, MSPH is an Adolescent Medicine Pediatrician at BC Children's Hospital. She has received her medical degree, public health degree, and her adolescent medicine training at Johns Hopkins School of Medicine and Johns Hopkins Bloomberg School of Public Health. She also trained in pediatrics at the University of Washington. Currently, she is a Clinical Associate Professor in the Division of Adolescent Health and Medicine at University of British Columbia and the Program Director for the UBC Adolescent Medicine subspecialty residency. She works in the RICHER social pediatrics program in East Vancouver, the Adolescent Health and Medicine clinic, and inpatient consultations at BC Children's Hospital. She is on the BC Children's Hospital advisory committee for youth substance use services and she has led the efforts of stabilization care, an approach for youth when they present to hospital after a life-threatening overdose. She lives with her wife and 2 children in Vancouver.



Dr. Bohdan Nosyk, PhD
Associate Professor, St. Paul's Hospital CANFAR Chair in HIV/AIDS Research
Centre for Health Evaluation & Outcome Sciences
Faculty of Health Sciences, Simon Fraser University

Dr. Nosyk's research seeks to inform complex policy decisions surrounding the prevention and management of HIV/AIDS and substance use disorders. He combines simulation modeling methods and cost-effectiveness analyses with econometric and biostatistical analyses of health administrative data to address these issues.



Dr. Ginette Poulin, RD, MD, CCFP(AM), FCPC, CISAM, CCPE, CMCBT

Dr. Poulin is a Family Physician, an Addictions Medicine expert, a Certified Canadian Executive Physician Leader, a Registered Dietitian and a former professional dancer; whom after having ventured to various provinces and countries to pursue her studies, returned to her home province of Manitoba. She contributes both professionally and personally to the well-being of Manitobans through education, health services, advocacy, leadership, research and community development. She not only volunteers her time with boards locally, provincially, and nationally, but can be found anywhere across the province helping, teaching, mentoring and problem solving for the benefit of others. Covid has been a time of high need and stress in healthcare, but that hasn't stopped Dr. Poulin from developing and offering additional support for addictions treatment as well as ways to minimize the spread of COVID throughout the province. Dr. Poulin's dedication and passion to improving services and health outcomes are unparalleled. Her high energy is magnetizing and has captured the hearts of many. She is focused on inspiring meaningful change particularly in stigmatized and vulnerable domains. Through her hard work and devoted efforts, she hopes to contribute to a more equitable Canada for all.



Darci Skiber, MA, CHE

Darci currently serves as the Senior Director of MHSU Programs and Initiatives at BC Women's Hospital. In this role she leads the work of the Provincial Perinatal Substance Use Program, FIR (Families in Recovery) Inpatient Program, Reproductive Mental Health, the C&W Substance Use Response and Facilitation Team (SURF) and other emerging initiatives to advance the health outcomes of women and people impacted by mental health/substance use.

Darci brings over twenty years of clinical and leadership experience in the area of mental health and substance use. She has led and supported regional and provincial mental health and substance use teams and organizations and has advanced innovative service models, treatment models, promoted best

and wise practices, quality improvement initiatives, and collaborated in partnership with the multitude of key stakeholders to respond effectively to the needs and experiences of people and communities.

Darci completed her Masters in Health Leadership at Royal Roads University and is currently working towards completion of her PhD with a focus on Public Health and Social Policy at the University of Victoria. She is a certified Health Executive with the Canadian College of Health Leaders and has been the recipient of the Canadian Institute for Substance Use Research Fellowship Award for her focus on research related to prescribed safer supply.



**Marcela C. Smid, M.D. M.A. M.S.,
Assistant Professor in the division of Maternal-Fetal Medicine**

Dr. Marcela Smid MD, MA, MS is a board certified Maternal Fetal Medicine and Addiction Medicine physician at the University of Utah. She has been a member of the Utah Perinatal Mortality Committee since 2016. She is the medical director of the Substance Use & Pregnancy – Recovery, Addiction, Dependence (SUPeRAD) specialty prenatal clinic, a multi-disciplinary clinic for pregnant and postpartum women with substance use disorder. Her research focus is on perinatal addiction, interventions for pregnant and postpartum women with substance use disorders, maternal mortality and maternal mental health.



**Marshall Smith, CCAC
Chief of Staff to the Associate Minister of Mental Health and Addiction, Alberta**

Marshall Smith is recognized as a national leader in the addiction recovery movement.

Marshall is currently Alberta’s Chief of Staff for Mental Health and Addiction, working with Minister Mike Ellis and Premier Jason Kenney to lead one of the most significant Mental Health and Addiction system transformations in the country.

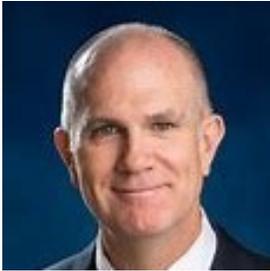
Marshall has held senior executive positions in the addiction treatment field notably as the Director of Corporate Development and Community Relations for the Cedars at Cobble Hill Addiction Treatment Centre. The Cedars is recognized across North America for excellence in addiction treatment and process disorders.

Prior to his career in addiction program management Marshall held several senior positions in the British Columbia Provincial Government most notably, Chief of Staff to the Minister responsible for the 2010 Olympic and Paralympic Winter Games Bid, Municipal Affairs and Immigration and Multicultural services and served as Human Resource Planning Advisor to the Attorney General of British Columbia. In 2004 Marshall fought a crippling battle with addiction that brought him all the way to the streets of

Vancouver.

After a four year fight with addiction and homelessness Marshall rededicated his life and career to the field of recovery.

Marshall is passionate about early intervention and improving standards of care for people with addiction disorders, their families and workplaces. Marshall is sought out by the provincial and national media for expert commentary on emerging issues in the addiction recovery and workplace sectors.



Dr. Paul Sobey MD CCFP (AM) CCSAM DABAM FASAM

Dr. Paul Sobey is a full-time addiction medicine physician who completed fellowship training in Addiction Medicine at University Hospitals of Cleveland and Case Western Reserve University in 1999. His background is in full service family practice. He is an Adjunct Professor in the Department of Health Sciences at Simon Fraser University, a Clinical Instructor with the UBC Faculty of Medicine, Department of Family Practice and past President of the Canadian Society of Addiction Medicine. He received a Certificate of Added Competence in Addiction Medicine from the College of Family Physicians of Canada in 2019, is certified by the Canadian Society of Addiction Medicine and received Board Certification from the American Board of Addiction Medicine in 2010. He has worked extensively in community, institutional, administrative, hospital and medical legal based settings. Over the last decade his practice has been focused on the assessment and management of employees with complex substance related challenges as this relates to the workplace with an orientation on recovery medicine.



Karly Stewart

Peer Consultant, Provincial Perinatal Substance Use Program, BC Women's Hospital and Health Centre

Peer Research Associate, BC Women's Health Research Institute

Karly Stewart is Mohawk on her mother's side, Cree on her father's side, and of settler ancestry on both sides. She is a granddaughter, a sister and most importantly for her, a mother to four beautiful children. Karly currently works as a Peer Consultant with Provincial Perinatal Substance Use Program at BC Women's Hospital + Health Centre and as a Peer Research Associate with the BC Women's Health Research Institute. Drawing from her own lived experience, Karly will discuss the intense stigma and judgement that exists regarding substance use by health care providers and how compassionate, stigma-free and trauma-informed care can support building the patient/provider relationship and remove barriers to healthcare.



Dr. Rob Tanguay, BSc (Hons), MD, FRCPC, CISAM, CCSAM
Chief Medical Officer, The Newly Institute
Clinical Assistant Professor, University of Calgary
Conference Co-Chair

Dr. Tanguay is a Psychiatrist who completed two fellowships, one in Addiction Medicine and Pain Medicine. He is a clinical assistant professor with the departments of Psychiatry and Surgery at the Cumming School of Medicine, University of Calgary.

Dr. Tanguay is the co-founder, developer, Chief Medical Officer, and Vice President of Business Development at The Newly Institute, a program dedicated to providing medical and psychological intervention for people living with mental health disorders such as PTSD, depression, anxiety, addiction, and chronic pain with evidence-based psychotherapy and trauma focused therapy.

He is the former Regional Director for Alberta and Northwest Territories for the Canadian Society of Addiction Medicine (CSAM) where he sat as a board member, the former President of the Pain Society of Alberta where he continues with the BOD as the past president, and the co-chair of the internationally recognized Alberta Pain Strategy. He is the founder of the Opioid Deprescribing Program with AHS, the Rapid Access Addiction Medicine (RAAM) Community Clinic with AHS, and the Transitional Outpatient Pain Program for Spine (TOPPS) clinics with the University of Calgary and is renowned for his innovation in creating clinical programs for complex chronic medical and psychiatric illnesses. He was also the Medical Lead for Addiction Education for Alberta Health Services (AHS) where he helped develop award winning CME programs for physicians and health care practitioners.

Academically, he is involved in research in trauma, addiction, chronic pain, opioids, cannabis, and psychedelics and is a member of the Hotchkiss Brain Institute and the Mathison Centre for Mental Health Research & Education at the University of Calgary.



Dr. Dzung X. Vo MD, FAAP, FSAHM
Head, Division of Adolescent Health and Medicine, Department of Pediatrics, BC Children's Hospital
Director, BC Children's Hospital Centre for Mindfulness
Clinical Associate Professor, University of British Columbia

Dr. Vo earned his medical degree from the University of Pennsylvania. He completed his residency in Pediatrics and fellowship in Adolescent Medicine at the University of California, San Francisco. Dr. Vo is currently a Clinical Assistant Professor and Division Head, in the Division of Adolescent Health and Medicine, Department of Pediatrics, at BC Children's Hospital and the University of British Columbia in Vancouver, British Columbia, Canada. His main clinical and research

areas of interest are in stress and health, resilience, and mindfulness-based interventions with youth. Dr. Vo is also interested in health disparities, cultural competence, and the health of marginalized and vulnerable youth populations.

The Western Canada Addiction Forum has received an educational grant or in-kind support from the following exhibitors:

Platinum



Bronze



Not For Profit

